

girlFRIENDS of Girls Inc. LI

Inspiring all girls
to be strong,
smart, and
boldSM



presents

YOGA ON THE BEACH

Relaxing Beach Yoga Fundraiser
with Om Tara Yoga

FRIDAY, August 8th 6pm

DONATION BASED

All proceeds will go to **Girls Inc. of Long Island**
(Cash only)

Registration begins at 5:45pm
ALL levels, beginners welcome!



SUNSET PICNIC TO FOLLOW!
Meet the **GIRLS INC. TEAM** +
learn about our work.

Meet at *Tobay Beach with a mat/
towel and snack/drink of choice –
free parking after 4pm



Check FB for weather updates
Rain date: August 10 at 4:30pm



FIND **Girls Inc. of Long Island** ON
(facebook.com/gilgirlfriends)



*Directions to our location: Turn right at the restaurants/water park – we will be at the last tunnel on the right -- the 2nd (eastern most) tunnel, beach side.