



GIRLS INCORPORATED OF LONG ISLAND
STRONG. SMART. BOLD.

girls
inc.®

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FUEL HER FIRE,
AND SHE WILL CHANGE THE WORLD

WHO WE ARE

GIRLS INCORPORATED® OF LONG ISLAND

The mission of Girls Incorporated® of Long Island is to inspire all girls to be strong, smart and bold. We provide school and community based programming that serves the unique needs of girls, ages 5-18, living in Nassau and Suffolk Counties. Through community partnerships, we help girls to achieve their full potential making their future brighter. Girls Incorporated® of Long Island is dedicated to the advocacy of gender equity for all girls in all areas of their lives. Through participation in our programs, girls learn the skills to become leaders in their communities, leading to exponential change.



SHE WILL NOT BE ANOTHER STATISTIC.

Our facilitators are trained to deliver experiential programs **that empowers girls to break stereotypes and reach their full potential** through programming in the following areas:

- SCIENCE, TECHNOLOGY, ENGINEERING, ART, & MATH
- ECONOMIC LITERACY
- MEDIA LITERACY
- HEALTHY SEXUALITY
- MIND + BODY
- LEADERSHIP AND COMMUNITY ACTION
- DRUG AND VIOLENCE PREVENTION

WHERE WE ARE

GIRLS INCORPORATED® OF LONG ISLAND

Girls Incorporated® of Long Island partners with schools and community based organizations throughout Nassau and Suffolk counties on Long Island.

We currently serve schools and community-based organizations located in the communities of:

- Brentwood Hemlock Park Elementary
- Central Islip High School
- Central Islip Mulligan Middle School
- Central Islip Reed Middle School
- Freeport John W. Dodd Middle School
- Long Beach MLK Center
- Long Beach High School
- Patchogue-Medford High School
- Patchogue-Medford Saxton Middle School
- Patchogue-Medford South Ocean Middle School
- William Floyd High School
- William Floyd Middle School
- William Floyd Paca Middle School
- Wyandanch Milton Olive Middle School
- Uniondale Turtle Hook Middle School
- Lawrence Middle School
- Uniondale High School
- Uniondale Alternative High School



**BE HER
CHAMPION.**

PROGRAM HIGHLIGHTS

GIRLS INCORPORATED® OF LONG ISLAND

SUMMER PROGRAMS

Every summer, Girls Inc. offers **two weeks of Summer STEM camp at Brookhaven National Laboratory**, where girls in grades 7-9 have the amazing opportunity to work alongside scientists and engineers at a world-class institution and see how they are collaborating to solve important problems.

For 2017, the programs include **“Introduction to Scientific Computing”** and **“Biotechnology: Viruses, Biofuels, Proteins, oh my!”** where girls learn how the power of **microbes** can be used to create **medicine, biofuels, and more** as they explore the structure and function of proteins through hands-on experiments.

During **Yoga, Art, and Social Justice Week** for high school girls in August, girls practice yoga and learn visual art, writing, and poetry with professional artists who are working for social change.

During our **College and Career Exploration Week** in August, high school girls learn how to prepare for college as well as visit different businesses each day and learn from professionals in various industries.

SIGNATURE SERIES

During our signature **“Girls Breaking Barriers’ Media and Leadership 6-week series**, high school girls create their own PSAs to bring awareness about an issue in their community.

Society of Women Engineers (SWE) collaborates with Girls Inc. to bring **Girls Build It!** to girls during the school year, where girls have the opportunity to construct and design their own jewelry boxes using hand tools and saws.

Through our partnership with **Google’s Made With Code**, we were part of a national initiative to get girls interested and excited about coding. **We offered free coding parties to girls ages 12-18** to 100 girls across Long Island. The girls designed GIFs, kaleidoscopes, as well as their own beats!



IN THE NEWS

GIRLS INCORPORATED® OF LONG ISLAND

Girls Inc. of Long Island was featured on News 12 and Verizon-Fios!



[Watch Girls Inc. on News 12 discuss study on girls as young as 6 endorsing gender stereotypes.](#)

Aired January 2017

Girls Inc. of Long Island is helping girls across Long Island combat gender stereotypes through research-based programming and an inclusive, pro-girl environment.

[Watch "Girls Inc. She Votes!" Featured on Verizon-Fios.](#)

Aired November 2016

During October 2016, Girls Inc. of Long Island held two She Votes! workshops where high school girls interacted with women in government and learned about the upcoming election and the political process. The girls came away with a better understanding of how politics impacts their lives and community directly.



SIGNATURE PROGRAMMING

GIRLS INCORPORATED® OF LONG ISLAND

WITH YOU IN HER CORNER, SHE IS UNSTOPPABLE.

All our programs have the flexibility to be offered over the course of the school year, a few sessions, or in a one-time session. We work with our collaborating partners to tailor each program to meet their needs. We are interested in helping ALL girls on Long Island to be **STRONG, SMART, and BOLD.**

Girls Inc. Economic Literacy® guides girls to learn to manage money, invest, and begin to develop an appreciation for global economics. Girls as young as six explore how the economy affects us locally and globally and develop skills needed to be economically independent.

Girls Inc. Leadership and Community Action® is designed to teach girls to build their leadership skills and create lasting social change through community action projects.

Girls Inc. Friendly PEERsuasion® is a curriculum targeting girls 11-14 designed to assist them in the development of skills to resist pressure to use harmful substances such as alcohol, tobacco, household chemicals, and other drugs.

Girls Inc. Preventing Adolescent Pregnancy® helps girls acquire the knowledge and skills necessary to take charge of and to make informed, thoughtful decisions about their sexual health.

Girls Inc. Operation SMART® is a curriculum where girls develop enthusiasm for and skills in science, technology, engineering, arts and mathematics (STEAM). The hands-on, interactive programs incorporate hands-on learning, systematic processes to integrate learning into real life, and mentoring opportunities.

Girls Inc. Media Literacy® teaches girls to increase their awareness of the scope and power of the media and the effects of media messages on girls and women. They learn to analyze what they see and hear in the media and advocate for change in entertainment, news, and advertising. As girls create media that are more realistic and reflective of their lives, they learn about careers and the positive use of media.

PARTNER WITH US

GIRLS INCORPORATED® OF LONG ISLAND

GIVE HER A FIGHTING CHANCE

Becoming a Partner

Girls incorporated of Long Island® can deliver our research-based programs for girls at your location. A core element of the Girls Incorporated of Long Island philosophy is that to truly effect change, we must reach into the community.

That's exactly what we do! We work with partners to deliver our services directly to girls.

Our partners are:

- Community-based organizations
- Schools
- Libraries
- Individuals engaged in community organizing, advocacy and public education

What our partners do is:

- Host our programs
- Work with us to design programs for girls on topics such as health care, bias in schools, bullying, and others

Partnership requirements

- Ability to serve groups of up to 25 girls
- Identified session time (minimum 45 minute block)
- Identified private workshop space
- Identified partnership liaison
- Alignment with Girls Inc. of Long Island mission and philosophy

Partnership Fees

Please contact Sunita T. Mahtani, Program Manager, for pricing at 631-940-3735

WORKSHOPS

GIRLS INCORPORATED® OF LONG ISLAND



Workshops are available to schools and youth organizations to help girls confront subtle social messages about their value and potential, and prepare them to lead successful, independent, and fulfilling lives. Some of our shorter programs and workshops include:

Coding Parties

“Girls Breaking Barriers”- Creating your own PSA!

Confidence and Assertiveness for Young Women

Am I Mean Girl? - Talking About Bullying

Resume Writing Workshops

My Body is My Own

Job Ready, Exploring Entrepreneurial Experiences

Mother-Daughter Book Club

Talking About the Tough Stuff

Building Better Citizens

Program Your Own Robot– Lego Robotics

All About Me - Healthy Girls Development

Healthy Choices - Making Healthy Lifestyle Choices, From Food to Sex

Communication - How to Say What You Mean and Mean What You Say

Public Speaking

Peer Pressure - The Choice is Yours

Budgeting Your Future

Healthy Friendships - What Helps, What Hurts

Sexuality and Relationships

TESTIMONIALS

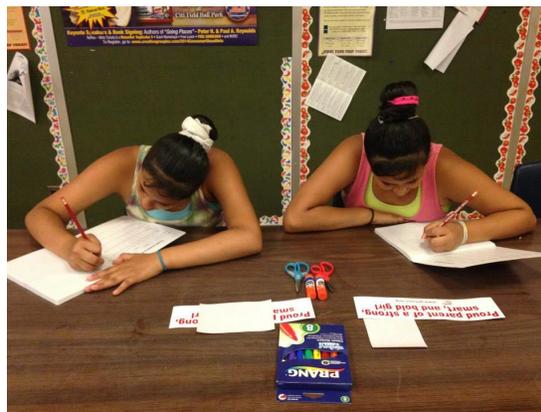
GIRLS INCORPORATED® OF LONG ISLAND

Even as our life-changing programs and experiences help girls navigate gender, economic, and social barriers, it's girls' voices that provide the greatest insight into the power of our work:

"Girls Inc. helped me feel more confident about my future, and now I see there are options for me that can make college possible." - Daisy, age 17

"Girls Inc. helps raise my confidence and believe in myself because this program teaches girls to be strong, smart, and bold, which I thank you for teaching me. I am more confident and outgoing than last year." Angela, age 14

Girls Inc. of Long Island, our programming, and our supportive environment are truly transformative for the girls we serve, and the support of our partners is a critical component of our ability to impact girls' lives.



CONTACT US

GIRLS INCORPORATED® OF LONG ISLAND

FOR PARTNERSHIP OPPORTUNITIES

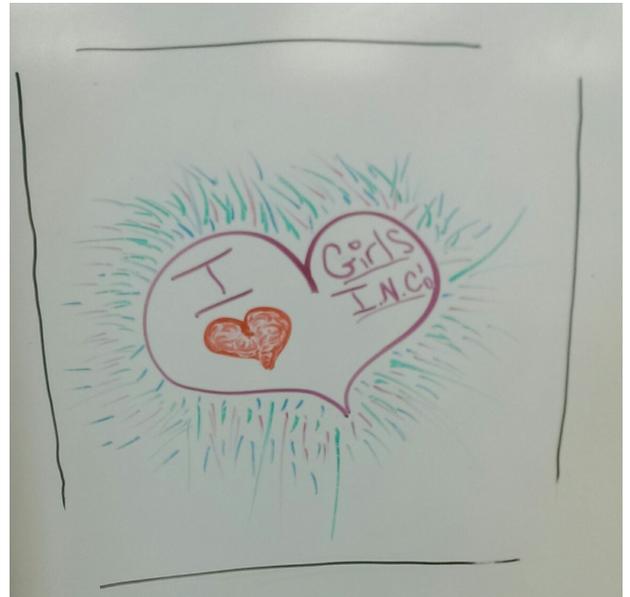
Sunita T. Mahtani , Program Manager

631-940-3735

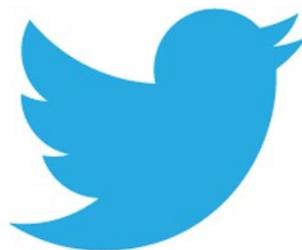
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FOR GENERAL INFORMATION

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