



of Long Island

## Sample Summer Schedule\* for 'Girls Inc. Experience' Camps (GRADES 9-12)

	MONDAY	TUES	WED	THURS	FRI
<b>9:00-9:10</b>	Arrivals	Arrivals	Arrivals	Arrivals	ArrivalsGirls
<b>9:10-9:20</b>	Woman of the Day	Woman of the Day	FIELD TRIP	Woman of the Day	Woman of the Day
<b>9:20-9:35</b>	Icebreakers & Teambuilding	Icebreakers & Teambuilding		Icebreakers & Teambuilding	Icebreakers & Teambuilding
<b>9:35-11:00</b>	Girls Inc. Session 1: SELF-CARE	Girls Inc. Session 1: HEALTHY RELATIONSHIPS		Girls Inc. Session 1: BODY IMAGE	Girls Inc. Session 1: MONEY
<b>11:00-11:10</b>	Break	Break		Break	Break
<b>11:10-12:30</b>	Guest Workshop	Guest Workshop		Guest Workshop	Guest Workshop
<b>12:30-1:00</b>	Lunch	Lunch		Lunch	Lunch
<b>1:00-2:15</b>	Girls Inc. Session 2: STEM ACTIVITY	Girls Inc. Session 2: NAVIGATING HIGH/MIDDLE SCHOOL		Girls Inc. Session 2: CAREER/COLLEGE	Girls Inc. Session 2: GIRLS' CHOICE OF TOPIC
<b>2:15-2:30</b>	Break & Snacks	Break & Snacks		Break & Snacks	Break & Snacks
<b>2:30-3:45</b>	DIY Activity	DIY Activity		DIY Activity	Surprise Activity
<b>3:45-4:00</b>	Clean Up & Dismissal	Clean Up & Dismissal	Clean Up & Dismissal	Clean Up & Dismissal	Clean Up & Dismissal

*\*activities subject to change*