

2025 Schedule for High School Summer Camp - Bold Future Leaders Experience

BOLD FUTURE LEADERS HIGH SCHOOL week 1					
	Mon, July 7	Tues, July 8	Wed, July 9	Thurs, July 10	Fri, July 11
Theme of Day	Leadership/Advocacy	Healthy Relationships	FIELD TRIP	College & Career	Body Image/Confidence
9:00-9:10	Arrivals	Arrivals	Arrivals	Arrivals	Arrivals
9:10-9:20	Woman of the Day	Woman of the Day	FIELD TRIP: Nassau County Supreme Court	Woman of the Day	Woman of the Day
9:20-9:35	Icebreakers & Teambuilding	Icebreakers & Teambuilding		Icebreakers & Teambuilding	Icebreakers & Teambuilding
9:35-11:00		Girls Inc. Activity		Girls Inc. Activity	Girls Inc. Activity
11:00-11:10	Break & Snacks	Break & Snacks		Break & Snacks	Break & Snacks
11:10-12:30	Girls Inc. Activity	Girls Inc. Activity		Girls Inc. Activity	Girls Inc. Activity
12:30-1:00	Lunch	Lunch		Lunch	Lunch
1:00-2:15	Girls Inc. Activity	Nuera Women's Health Workshop		Field Trip Debrief & Girls' Activity of Choice	Coaching Workshop
2:15-2:30	Break & Snacks				
2:30-3:45	DIY Activity				
3:45-4:00	Clean Up & Dismissal	Clean Up & Dismissal	Clean Up & Dismissal	Clean Up & Dismissal	Clean Up & Dismissal

BOLD FUTURE LEADERS HIGH SCHOOL week 2					
	Mon, July 14	Tue, July 15	Wed, July 16	Thu, July 17	Fri, July 18
Theme of Day	STEM	Self-Care/Mental Health	Media Literacy	Financial Literacy	FIELD TRIP
9:00-9:10	Arrivals	Arrivals	Arrivals	Arrivals	Arrivals
9:10-9:20	Woman of the Day	Woman of the Day	Woman of the Day	Woman of the Day	FIELD TRIP: North Shore Hospital Mandela Day
9:20-9:35	Icebreakers & Teambuilding	Icebreakers & Teambuilding	Icebreakers & Teambuilding	Icebreakers & Teambuilding	
9:35-11:00		Girls Inc. Activity	Girls Inc. Activity	Girls Inc. Activity	
11:00-11:10	Break	Break	Break	Break	
11:10-12:30	Girls Inc. Activity	Guest Workshop: Yoga Creation	Girls Inc. Activity	Financial Literacy Workshop with Dime Community Bank	
12:30-1:00	Lunch	Lunch	Lunch	Lunch	
1:00-2:15	Girls Inc. Activity	Girls Inc. Activity	Girls Inc. Activity	Girls Inc. Activity	
2:15-2:30	Break & Snacks	Guest Workshop: Northwell Health Body Image & Mental Health	Break & Snacks	Break & Snacks	Field Trip Debrief & Girls' Activity of Choice
2:30-3:45	DIY Activity		DIY Activity	DIY Activity	
3:45-4:00	Clean Up & Dismissal	Clean Up & Dismissal	Clean Up & Dismissal	Clean Up & Dismissal	Clean Up & Dismissal